

1 tbsp unsalted butter

1 onion, peeled and finely chopped

50g pancetta, cut into cubes

2 thyme sprigs, leaves picked

1 bay leaf

300g potatoes, peeled and chopped

1 litre fish stock

Sea salt and ground black pepper

- 150g cod or haddock, skinned and flesh cut into 2cm pieces
- 150g salmon, skinned and flesh cut into 2cm pieces
- 250g undyed smoked haddock, skinned and flesh cut into 2cm pieces

1kg mussels in their shells, cleaned

1 tbsp finely chopped flat-leaf parsley

160ml double cream

Smoked salmon, cut into strips, to garnish

Seafood chowder

SOURCE DONALSKEHAN.COM | SERVINGS 6 TOTAL 45MIN

1 Melt the butter in a large pot over a medium-high heat. Add the onion and fry for 3–4 minutes until softened. Add the pancetta and continue to fry until it colours, then stir in the thyme leaves, bay leaf and potatoes and cook gently for 2–3 minutes before adding the fish stock. Season well with sea salt and ground black pepper.

2 Simmer for 10–15 minutes until the potatoes are tender yet firm. Add the cod, salmon, smoked haddock and mussels and simmer gently for 5 minutes. Discard any mussels which haven't opened whilst cooking.

3 Remove the pot from the heat and gently stir through the parsley and cream. Try not to stir too vigorously as the fish chunks will break up.

4 Serve in warmed deep bowls with the strips of smoked salmon as a garnish on top.